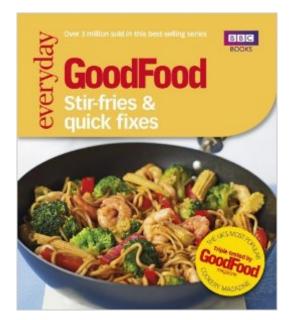
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# Good Food: Stir-fries And Quick Fixes





### Synopsis

Dinners donâ <sup>™</sup>t get much simpler than stir-friesâ "or more satisfying! Healthy and budget friendly, stir-fries are perfect for a quick snack or weeknight supper. These inventive recipes from the experts at Good Food magazine offer a range of new twists on this classic time-saver, as well as lots of other quick options. As ever, there is a full set of nutritional info and a color photo to accompany each recipe and every one has been triple-tested by the Good Food team, to give you the most straightforward supper possible!

#### **Book Information**

Series: Good Food Paperback: 216 pages Publisher: BBC Books (June 1, 2013) Language: English ISBN-10: 1849906262 ISBN-13: 978-1849906265 Product Dimensions: 5.4 x 0.5 x 6.1 inches Shipping Weight: 9.1 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #1,284,141 in Books (See Top 100 in Books) #136 in Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #3110 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #3716 in Books > Cookbooks, Food & Wine > Kitchen Appliances

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